


2025-2026 Combined Respiratory Vaccine Recommendations

This table provides an aggregate summary of updated recommendations from various sources for flu, RSV, and COVID-19 vaccines for infants and children, pregnant people, adults 18-50, and adults 50+ based on the latest guidelines. For more information on respiratory season vaccines, including information about the 2025-2026 FDA approval for these vaccines, head to [the Common Health Coalition's website](#).

2025-2026 Combined Respiratory Vaccine Recommendations			
	Influenza Vaccine	RSV Immunization	COVID-19 Vaccine
Infants and Children	All children 6 months and older Some children 6 months to 8 years may need multiple doses <small>AAP, AAFP, CDC</small>	All infants <8 months + children 8-19 months with risk factors (nirsevimab, clesrovimab), typically Oct-Mar, if no maternal RSV vaccine <small>AAP, AAFP, CDC</small>	All children 6-23 months + children 2-18 years with risk factors or if parent desires vaccine <small>AAP, AAFP</small>
Pregnancy	All At any point in pregnancy <small>ACOG, AAFP, CDC</small>	32-36 weeks gestation (Pfizer, Abrysvo only) Typically Sept-Jan <small>ACOG, AAFP, CDC</small>	All At any point in pregnancy <small>ACOG, AAFP</small>
Adults 18-50	All <small>AAFP, CDC</small>	See Pregnancy <small>AAFP, CDC</small>	All <i>Especially important for people with risk factors or who have never received a vaccine</i> <small>AAFP</small>
Adults 50+	All High-dose, recombinant or adjuvanted flu vaccine preferred for 65+, if available <small>AAFP, CDC</small>	All 75+ and adults 50-74 with risk factors One lifetime dose of RSV vaccine <small>AAFP, CDC</small>	All <i>Especially important for people with risk factors or who have never received a vaccine</i> <small>AAFP</small>
 Last updated 9/12/25			

See below for more the recommendations from:

- [American Academy of Pediatrics \(AAP\)](#)
- [American Academy of Family Physicians \(AAFP\)](#)
- [American College of Obstetrics and Gynecologists \(ACOG\)](#)
- [Centers for Disease and Control \(CDC\)](#)